

Hello Thompson families,

Happy New Year!

We hope that you had a wonderful holiday filled with fun and rest. It's hard to believe, but this is the time of year that schools begin plans for the following school year. A very important part of those plans are knowing which students are going to continue to be here the following year, and which students are not. While we understand that plans can change, **please complete the "Intent to Return" form** that was sent home last week, with your best understanding of your plans at this point in time. All of our staffing allocations are based on knowing our student population for the 22/23 school year. Do you know of families living in our catchment with children who will be starting Kindergarten in September? Kindergarten registrations need to be received by Friday, January 20th for the best chance of attending their catchment school. Families can register online at www.sd38.bc.ca/kindergarten.

Please see below for some further events and announcements.

Grade 6/7 Band Concert

January 24th at 6:30 p.m. at Burnett Secondary School

The students of Thompson, Blair and Burnett will be presenting a collaborative Band Concert featuring pieces that they have been learning together. Everyone is welcome to attend this concert. Grade 6/7 performers need to be at Burnett by 6 p.m.

District Parent Night

Jan 24 at 7 p.m. at Richmond High School

Cybersafe from Exploitation

Learn about all forms of sexual exploitation, the current trends, warning signs, and how they are specifically affecting students of the Richmond school district. This presentation will provide engaging and relevant information through games and activities, and is especially relevant for parents of children in grades 5-7 as they learn to navigate social media and technology.

Grade 7 Parent Information Night for students attending Burnett next year:

Date: January 25th at 7 p.m.

Location: Virtual- please see the attached poster for more information and the webinar link.

Basketball Season Begins!

Basketball **notices went home today** with all intermediate students that have signed up for basketball. Please return the forms to school on **Monday**, **January 16th**. A big thank you to Mr. Twyford and Mr. Ladouceur who will be coaching this year.

Please clean up after your pet

A big thank you to the Chai family and the "**Sign Place**" for creating and donating a sign for the area near the sand pit. Many of our students enjoy playing in the sand and we want to keep it clean.



Resources from our Public Health Nurse:

As we are still seeing high levels of respiratory illnesses in children Some of these links regarding preventing/treating may be helpful:

Preventative measures

Vaccinations remains the best defence against both influenza and COVID-19. <u>Beyond vaccinations</u>, there are basic things we can all do to help prevent the spread of respiratory illness:

- Stay at home if you feel unwell and try to avoid spending time with people at higher risk of serious illness.
- Practice respiratory etiquette: Wear a mask in crowded, public spaces, and cough and sneeze into your elbow.
- · Clean your hands regularly.
- · Avoid touching your face, especially your eyes, mouth and nose.
- For more information, visit <u>BC Centre for Disease Control</u> or the <u>Provincial Infection Control Network of British Columbia</u>.

Resources and links for families during respiratory illness season

Community and hospital pharmacies all over Canada continue to work with manufacturers, distributors, federal, provincial and territorial governments to address the current Acetaminophen and Ibuprofen supply challenges.

This medication shortage can be distressing for many. Here are a few resources to support conversations with patients, clients and families:

- Children's Medication Shortage (pharmacists.ca): Guidance for families on when and how to use these products, and when to speak with a health-care professional for advice.
- Acetaminophen and <u>Ibuprofen</u> dosing charts (BC Children's Hospital): Information for families
 who do not have infant or children's acetaminophen or ibuprofen, you can give your child
 part of an adult dose.
- Short guide to the wise use of antibiotics: Information for patients and families about the use of antibiotics.
- Information for parents seeking medical care for children (ChildHealthBC.ca): This resource can help families assess and decide if their child needs medical care. Translations available in Arabic, Punjabi and Simplified Chinese.
- When to bring your child to the Emergency Department (BC Children's Hospital): Additional examples to help families decide if their child needs emergency care.
- · 8-1-1 HealthLink BC: Families can speak to a registered nurse any time, every day of the year.
- <u>Fever or chills, age 11 or younger (HealthLinkBC.ca)</u>: Details about taking temperature, causes
 of fever, treatment, prevention, etc.
- Fever or Chills, age 12 and older (HealthLinkBC.ca): Details about taking temperature, causes
 of fever, treatment, prevention, etc. for children ages 12 and older.

Return it! Playground Fundraiser

Did you know you can reduce clutter in your home and raise funds for a good cause at the same time? Return your empty bottles, cans and plastic containers to any "Return it" depot, and enter Thompson's phone number-604-668-6420 and the proceeds from the recycling deposit will be donated to the Thompson Playground fund!

Important Dates:

Jan. 18th: PAC meeting at 9:00 a.m. Everyone Welcome

Jan. 20th: Pre -Ordered Hot Lunch

Jan. 20th: Priority 1 Deadline for Kindergarten registration

Jan. 24th, 6:30 p.m.: Band Concert at Burnett

Jan. 24th, 7 p.m.: Cybersafe Presentation at Richmond High

Jan. 25th at 7 p.m.: Burnett Information night for Gr.7 parents (online)

Jan. 26th: Lunar New Year Spirit Day: Wear red, pink, gold or traditional

clothing

Jan. 27th: Pro D Day,-no school for students

Feb.3rd: Pre ordered hot lunch

Feb. 8th at 1 p.m.: Performance by "Ruploops"

Feb. 15th at 9:00 a.m.: PAC meeting in the library

Feb. 17th: Pro D Day- no school for students

Feb. 20th: Family Day -school not in session

If you have questions, please do not hesitate to call the school at 604-668-6420 or email me at shoffinger@sd38.bc.ca

Sincerely.

Mrs. Sharon Hoffinger

Principal, James Thompson Elementary School

Visit our webpage at http://thompson.sd38.bc.ca